

### **Abstract**

The invention relates to a method for the diagnosing or for the confirmation or for the exclusion of constellations of risk factors, pathological states or predispositions thereto, and to a method for monitoring the course of therapies and for finding active substances for the treatment of pathological states and for finding substances which may cause such a pathological state, on the basis of lipid measurement parameter modulation/effector quotient profiles. Further, the invention relates to a measuring instrument for carrying out the above methods.